







AIR FORCE WOUNDED WARRIOR (AFW2) PROGRAM

# **COMMUNITY PROGRAMS SUMMER NEWSLETTER**

# SPOTLIGHT: OPERATION HOMEFRONT



Operation Homefront is honored to provide school supplies to our military families and help in any way we can. Visit <a href="https://operationhomefront.org/events/">https://operationhomefront.org/events/</a> to find a list of event locations for this year, along with a link to register on my.operationhomefront.org, or you can log in directly to your MyOH profile to find your local events. If you do not see an event in your area, please check our website daily, as more Back-to-School Brigade® events may be added throughout the summer.

Please note these events are for DEERS enrolled, military-dependent children only in Kindergarten through 12th grade for the 2023 - 2024 school year, and eligibility requirements differ for each location (this information can be found on each event page).

## **Soldiers' Angels Mobile Food Distributions**

Are you a Veteran in need of food assistance?

The monthly Soldiers' Angels Veteran Mobile Food Distribution event will provide approximately 75 lbs. of groceries for you and your family at no cost to you. You must register ahead of time for this event then provide proof of veteran status. A registration link will be available here once it becomes available.

Selected cities: San Antonio, Denver, Detroit, Orlando, Atlanta, and Charleston.

For more information: www.soldiersangels.org/get-support/veteranfooddistributions/



# STOP SOLDIER SUICIDE

When you reach out to Stop Soldier Suicide, you'll be connected with a wellness coordinator who will provide personalized attention, support, and assistance. Stop Soldier Suicide respects the value of personal information and handles yours with the utmost care.

Stop Soldier Suicide has a proactive and disruptive approach, focused on meeting at-risk individuals where they are. The team provides personalized care and continued case management to help identify each individual's specific needs. Whether it's mental health support, housing assistance, or any other service, we work tirelessly to find the right and most effective tools. For more information: <a href="https://www.stopsoldiersuicide.org">www.stopsoldiersuicide.org</a>.







Alternative Therapies



Resource and Referrals



Education and Training



In the military, service members push the limits of their well-being to support the mission. That selfless service posture has always been necessary because service members of every era knew they may be called to war. As they move into civilian life, many veterans carry that mission-first mindset with them, neglecting their health in the process.

Team RWB believes veterans are America's most resilient citizens — and it's time for more veterans to prioritize their well-being first.

Team Red, White & Blue (Team RWB) exists to guide them through that journey with real-life and virtual opportunities focused on building a healthier lifestyle because a strong focus on mental and physical health is critical to ensuring veterans' best days are ahead.

More than 200,000 members are already forging the nation's leading health and wellness community for veterans.

# MISSION: ENRICHING VETERANS' LIVES

VISION: FORGING
AMERICA'S LEADING
HEALTH AND WELLNESS
COMMUNITY FOR
VETERANS

https://about.teamrwb.org/join-the-team

#### OPERATION FIRST RESPONSE

#### Family Assistance Program

Military and Veterans Families

This program's main purpose is to alleviate the financial difficulties facing these families.

We serve all branches of our nation's Military Heroes and First Responders with personal and financial needs. Services are provided from the onset of injury or illness, throughout their recovery period and along their journey into the civilian world.

- \*Financial aid varies as each case is based on individual needs ranging from:
- rent
- utilities
- vehicle payments
- groceries
- Clothing
- travel expenses to and from major medical facilities.

For more information: www.operationfirstresponse.org



Operation Motorsport is a Veteran Led and Operated, Not for Profit Foundation, based in Brighton, Ontario, serving Canadian Service Members and Veterans and is based on three core values: Team, Identity, and Purpose. Operation Motorsport supports the recovery of medically retiring or retired Service Members affected by military service through Motorsports opportunities. Our motto is One At A Time (#OneAtATime).



<u>www.operationmotorsport.org</u>



We cultivate a new generation of farmers and food leaders. and develop viable employment and meaningful careers through the collaboration of the farming and military communities. We believe that veterans possess the unique skills and character needed to strengthen rural communities and create sustainable food systems. We believe that agriculture offers purpose, opportunity, and physical and psychological benefits.

www.farmvetco.org



## MENTAL HEALTH

# World-Class Care for all

Home Base is a National Center of Excellence open to all Veterans, Service Members, and their Family Members, regardless of era of service, discharge status, geographic location or ability to pay. Home Base clinicians are part of the worldclass team of care providers at Massachusetts General Hospital and are trained in military culture to provide the best care for Veterans and Families.

-International Programs
-Intensive Clinical Program
-Intensive Clinical Program
for Families of the Fallen
-Home Base Virtual Hours
-Resilient Warrior and Resilient Family
-Operation Health @ Home

Digital Wellness Platform

For more information:

Homepage | Home
Base

# **MEET THE AFW2 STAFF**



#### Jennifer Houghton, Resiliency Manager

I am mission critical because Resiliency tools can save your life! If you're resilient, you can overcome anything! One of my favorite quotes is from the song, "Fear" by Blue October in it, he says, "I used to fall, but now I get back up."

#### LOOKING FOR RESOURCES, LOOK NO FURTHER!

The Community Programs team would like to share with you our **Airman Resource Request** form to better assist you. If you are in need of finding/connecting with external resources and non-profits, please fill out the form:

AFW2 Referral & Information Request (afit.edu)

#### Areas we focus on:

Benefits	Financial Education
Peer Support	Event & Engagement Opportunities
Employment Assistance	Financial Assistance
Service Dogs	Caregiving Resources
Legal Assistance	Family Retreats

#### FOR MORE INFORMATION ON COMMUNITY PROGRAMS CONTACT

Email: AFPC.DPFW.AFW2CommunityPrgm@us.af.mil

Website:

www.woundedwarrior.af.mil/Programs-and-Initiatives/Community-Programs/

Interested in joining a Facebook regional group? Lelarn more about what is happening in your specific area!

AFW2 Northwest | Facebook AFW2 South Central | Facebook

# **EVENTS**

#### <u>JUL</u>

**JULY 19, 12:00 PM EST** 

Coffee Connection Live with Brittany Boccher, with special guest Adam Boccher
Continuing Your Journey Edition: Priorities

Learn ways to set your priorities and non-negotiables to have more time for you.

Register here: https://fal.cn/3zM0E

#### **AUG**

AUG 02, 2023 - AUG 06, 2023

#### 2023 CHICAGO PARA-ARCHERY CHAMPIONSHIP

Ages served: Youth and Adults Location: Chicago, IL Contact: Brent Harmon at nsacevents@gmail.com Sports: Archery

2 West Belmont Harbor Drive Chicago IL 60657 www.northsidearcheryclub.org/2023-para-wre

AUG 4, 11 am - 12 am

62<sup>nd</sup> Annual German American Volksfest

The 62nd German-American Volksfest is a free community event at Grafenwoehr Camp Algier, August 4-6. The Volksfest is a family-style festival featuring live music performance from American rock band Hoobastank on Saturday night!

View Event :: 62nd Annual German American Volksfest :: Grafenwoehr :: US Army MWR

AUG 10, 5:30 – 7:30 PM AWF2 JBSA CARE Fair

AFW2 Community Programs will be hosting a Resource Fair: Drury Plaza Hotel San Antonio, North Stone Oak 823 N. Loop 1604 E. San Antonio, TX 78232

#### **SEPT**

9/11 HEROES RUN – Travis Manion Foundation. Travis Manion Foundation helps organize 9/11 Heroes Run events all over the world, ensuring we honor the lives of those who gave theirs in 2001 and in the wars since.

9/11 Events | TMF (travismanion.org)

FOR MORE EVENT INFORMATION, JOIN OUR FACEBOOK GROUPS.